SUPPORT TO ACHIEVE YOUR BEST

This service offers you and your family support with any work or personal issue, including short-term professional counselling and connecting you to local resources to help you manage emotional, practical or physical needs.

THE SERVICE:

- is free - no cost to you
- is confidential
- is available in your language
- is available 24 hours a day, 7 days a week, 365 days a year
- can be accessed in multiple ways

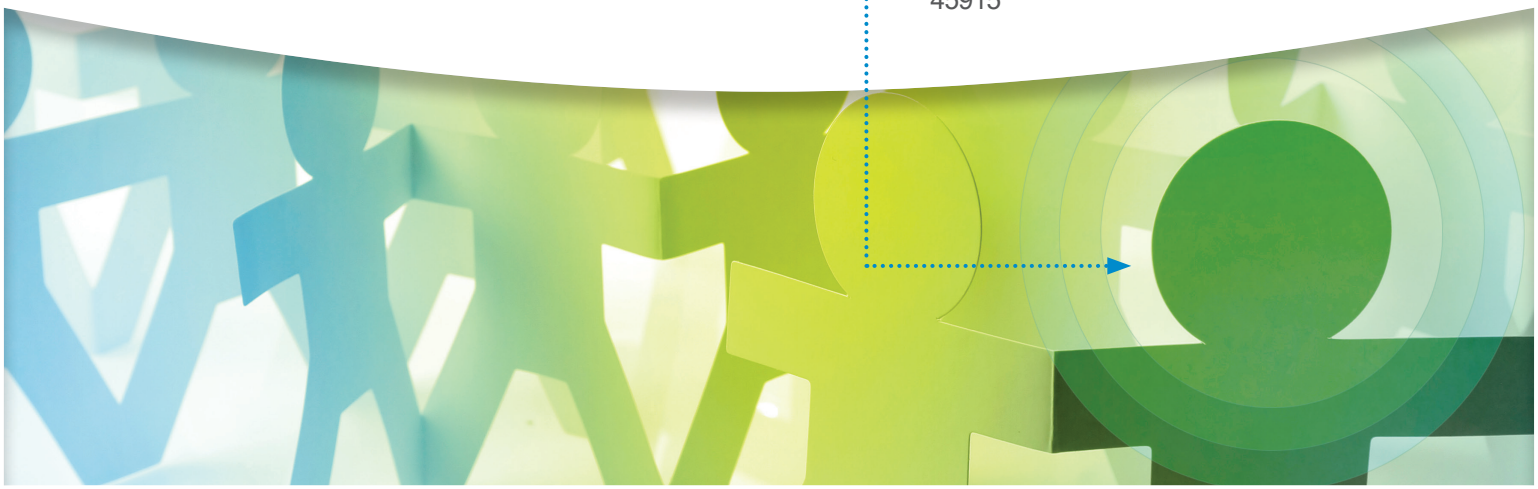
DIRECT DIAL:
+351 2 1454 2186
Dial us direct and we will return your call.

EMAIL:
support@resourcesforyourlife.com

WEBSITE:
www.magellanhealth.com/global
COMPANY CODE: aafes

SMS TEXTING:
+44 790 934 1229
Standard text messaging rates may apply. When emailing or texting, please include your name, your company, your country location, and the phone number where you can be reached.

ICONNECTYOU
Download the app from the App Store (iOS) or Google Play (Android) and register using
COMPANY PASSCODE:
45915



Magellan HEALTHCARE SM

EMPLOYEE ASSISTANCE PROGRAMME

Employee support is provided by Magellan Healthcare, Inc.. The organisation is staffed by professionals who are completely independent of your employer. They are bound by professional standards regarding confidentiality, and do not disclose details of individuals who have contacted the service. Any information you share is at your discretion and will not be shared with your employer.